

Continuing Education by Brad L. Surette, BA, RMT

Many health insurance companies now offer massage therapy coverage under their extended healthcare packages and most offer direct billing by a Registered Massage Therapist or RMT.

Before a RMT can be issued a billing number he/she must belong to a provincial association.

The associations in Nova Scotia are the MTWPAM (Massage Therapists & Wholistic Practitioners' Association of the Mari-

times), MTANS (Massage Therapists Association of Nova Scotia), and NHPC (Natural Health Practitioners of Canada).

Prior to joining one of the aforementioned associations did you know that your RMT was required to have graduated from a 2200 hour recognized college diploma program?

That's two intensive years of studies in anatomy and physiology, kinesiology, regional anatomy, manual skills, massage theory &

techniques, pathology, orthopedic assessment, and neurology - just to name a few of the courses covered in the program.

As if that wasn't enough education most RMTs develop even further knowledge, skills, and competence throughout their careers by acquiring continuing education units.

Continuing education units or CEUs promote effective and skilled

RMTs while playing a role in the development of an excellent practice and contributing to the best possible client outcome.

Feel free to ask your RMT what other knowledge, skills or techniques he/she might have acquired to give you one of the most enjoyable, beneficial and results oriented treatments possible. - Brad L. Surette, BA, RMT

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