

Becoming a Reiki Master by Brad Surette, BA, RMT

Reiki is an ancient Japanese non-invasive healing technique which involves the channeling of Universal life force energy into the body. In this type of treatment the body is able to relieve itself of physical, emotional, mental, and spiritual blocks.

Since Reiki assists the natural healing process of the body and enhances its ability to rebalance to a healthier state, Reiki can prove effective and beneficial on anything created from life force energy including humans, plants and animals.

In May 2003, I was first introduced to Reiki by Voni King of Groves Point, Nova Scotia and received my Reiki Level I. After several years when the timing was right, I decided to pursue my interest and received my Reiki Level II in 2006, again from Voni King.

In January 2008, I eagerly received my Reiki Level III (Advanced Reiki Training) from Phyllis Laforest of Enfield, Nova Scotia. Phyllis was such an inspiration that I felt the Universe was sending a strong signal that the Reiki Master Teacher Level was definitely meant to be.

Thinking back over the years, the enlightenment experienced during the process of acquiring each and every level provided me with an intense interest. This interest is what first encouraged me to

terminate my employment with the federal government and to pursue a long-term desire to work with the healing arts.

My hope has always been that becoming a Reiki Master Teacher would provide me with the proper training in the use of Usui and Tibetan symbols. And that having the ability to pass on attunements would allow me to



gain spiritual insight as well as a greater understanding and appreciation of the Universe. I felt this understanding and appreciation would be an important part of my journey; something that was required before I could create an opportunity for others to achieve their own enlightening experiences.

I believe that everyone has the ability to channel Reiki because Reiki is

merely an extension of our existence to the Universal Divine. Acknowledging this connection to the Universal Divine incorporates all that is, has been, and will be.

While I do believe the raw skills of healing are within all of us my personal experience with receiving attunements has demonstrated how physical,

mental, emotional, and spiritual blocks can be cleared, thus allowing Reiki energy to flow smoother.

Upon receiving my certification on February 24, 2008 I became eligible to teach Reiki and perform attunements. With much anticipation and excitement, I felt inspired or maybe even compelled to investigate, study, and apply the wide range of Reiki applications further.



Becoming a Reiki Master Teacher allowed me to use my abilities for the good of the Universe and mankind. By performing a service to others requiring some form of healing, I think my experience of humanity deepens and enhances each time.

Some think developing healing modalities is a way for human beings to enhance spirituality. Others, including myself, think developing healing modalities like Reiki is a way for spiritual beings to enhance humanity.

On a final note, to me a Reiki Master Teacher is a student of life and continuing education has always been an important and valuable part of my being. It has been my experience that a greater understanding for a subject can be achieved by teaching it to others. And by doing so, our students become our teachers. All in all, it would be a wonderful experience and an honor to share the spirit of Reiki with you!

Brad L. Surette, BA, RMT

“To heal from the inside out is the key.”

Wynonna Judd